

## CONVALESCENCE AND RECUPERATION



We shall consider your application carefully, but please understand that we may not be able to accept it and thus pay for your convalescence; please see the '*Getting Better*' document. If we are able to help, we shall normally arrange for you to stay at the RCH Centre in Dawlish.

It is possible that we may need to make alternative arrangements for a number of reasons, including:

- your expected date of resuming work
- your physical or psychological needs (especially if you need care)
- your need to take your children.
- your fitness to travel to the RCH Centre.

In such cases we use other facilities in order to try to meet your needs, but these may not be accepted by organizations such as HSA as qualifying for payment of benefit.

In some circumstances, we may help you pay for a break somewhere quite different, but we have to be sure this will be suitable for you and we will need to see evidence of an approved booking.

We are unable to make provisional bookings – we must have your form back first. When we have made arrangements we shall send you confirmation and make a contribution towards your incidental costs (including travel), though we cannot undertake to meet these in full. We shall also try to offer you travel advice if you are travelling by train.

Please ensure you give us details of when you cannot go away. The RCH Centre is closed over Christmas and New Year and we are not normally able to arrange convalescence during these periods, either there or elsewhere.

If you wish to take someone with you (whether or not you think we may be able to pay for them), please ensure we receive a yellow form with your own white form: just ask for the number you need. We normally need the medical statements on the reverse of the yellow forms completed. Please ensure your doctor does this for the person accompanying and not for you. We do not need medical statements for those under 18, though we do need the front of the yellow form completed.

Please ensure you tell us of dietary needs, though we cannot undertake that RCH or any other service partner will be able to comply with these in every respect.

If you need any more information, just ask.

### **RCH Centre, Bridge House, Dawlish**

- All rooms are furnished to a high standard, with beautiful grounds and home cooked food. All rooms are en-suite. There are limited bar facilities and there is a car park within the grounds.
- It is about a mile from the town centre (a pleasant walk but with a gradual slope) and there is an occasional public bus or guests can club together for a taxi. From the town centre there are good bus and train services to Exeter, Torquay and Newton Abbot. Moderate shopping centre.
- There are only two rooms on the ground floor and these are reserved for those who need wheelchair access. There are lifts to the bedroom floors.